



Meal Menu For the Date: 06.10.25 to 12.10.25

Day	Breakfast	Lunch	Beverage/Snacks School	Beverage/Snacks Hostel	Fruit,Biscuit	Dinner
Monday	Poha Chana+Bread Butter	Rice, Chapati, Salad, Toor Dal Sambar,Cauli flower Fry,Green Matar Gravy,Onion Raita,Pickle	Bhel,Lemonade (Milk for Pre- Primary)	FruitPunch	Banana, Biscuit	Rice, Chapati, Fried Dal, Soybean Dry, Louki Kofta, Salad
Tuesday	Idli, Coconut Chutney, Sambar,+ CornFlakes	Rice, Chapati, Salad, ChanaDal, Bhindi Dopyaza, Matar Paneer,Veg.Raita, Pickle	Papdi,Lemonade (Milk for Pre- Primary)	Bhel	Banana, Biscuit	Rice, Chapati, Tadka Dal, Carrot Capsicum Fry, Gatta Kadhi, Salad
Wednesday	Samosa Chat+Dalia	Khichdi, Chapati, Salad, Kadhi Pakoda,Tomato Chutney, Methi Aloo, Pickle, Manchow Soup	Fried Poha, Lemonade (Milk for Pre- Primary)	White Dhokla	Mix Fruit, Biscuit	Rice,Chapati,Chana Dal, Barbatti Fry,Lobia Gravy, Salad
Thursday	Aloo Sandwich+ Corn Flakes	Rice, Chapati, Salad, Dal Fry, Paneer Bhurji, Soya Gravy, Boondi Raita, Pickle	Khaman Dhokla, Lemonade (Milk for Pre- Primary)	Veg Tikki Chat	Banana, Biscuit	Rice, Chapati, Urad dal, Kundru Fry,Chana Gravy, Salad
Friday	Moong Dal Cheela+ Green Chutney + Bread Jam	Hakka Noodles, Veg Soya Fried Rice, Manchurian Gravy, Fryums, Suji Halwa, Sprout Salad	Matar Pack, Lemonade (Milk for Pre- Primary)	Fried Poha	Mix Fruit, Biscuit	Rice, Arhar Dal, Chapati, Gobhi fry, Kadhai Paneer, Salad
Saturday	Poori and Aloo Tamatar Gravy, Jalebi	Rice, Chapati,Toor Dal, Karela Fry, Dum Aloo, Salad	Fruit Custard	Moong Chana Sprout	-----	Rice, Chapati, Fried Dal, Bhindi Fry,Rajma Gravy, Salad
Sunday	Millet Dosa, Chutney	Dal Bhati, Fried Rice, Boondi Raita,Baigan Bharta,Moong Dal Halwa	-----	Bhajia, 'Green Chutney	-----	Rice, Chapati, Masoor Dal, Bhindi Fry,Matar Gravy, Salad

*Menu is subject to change/amendment.

07/10/25