

Meal Menu For the Date: 13.10.25 to 19.10.25

Day	Breakfast	Lunch	Beverage/Snacks School	Beverage/ Snacks Hostel	Fruit, Biscuit	Dinner
Monday	Uttapam Chutney + Bread Butter	Rice, Chapati, Salad, Moong Dal , Parwal Fry, Matar Paneer, Onion Raita, Pickle	Fried Chewda ,Lemonade (Milk for Pre- Primary)	Sprout Tikki	Banana, Biscuit	Rice, Chapati, Plain Dal, Barbatti Fry, Louki Kofta, Salad
Tuesday	Samosa Chat + Dalia	Rice, Chapati, Salad, Toor Dal, Tomato Chutney, Capsicum Aloo Fry, Veg. Raita, Pickle	Bhel, Lemonade (Milk for Pre- Primary)	Aloo Bonda	Mixed Fruit, Biscuit	Rice, Chapati, Mix Dal, Bhindi Fry, Rajma Gravy, Salad
Wednesday	Poha, Chana + Bread Butter	Rice, Chapati, Salad, Dal Makhni, Cauliflower Fry, Soya Gravy, Boondi Raita, Pickle	White Dhokla, Lemonade (Milk for Pre- Primary)	Veg Sandwich	Banana, Biscuit	Rice, Chapati, Toor Dal, Kundru Fry, Lobia Gravy, Salad
Thursday	Vermicelli Upma + Corn Flakes	Khichdi, Kadhi Pakoda, Bhindi Fry, Chapatti, Aloo matar Gravy, Salad, Sweet corn Soup	Sprout, Lemonade (Milk for Pre- Primary)	Aloo Tikki Chat	Mixed Fruit, Biscuit	Rice, Chapati, Urad dal, , Mix Veg,Paneer Gravy, Salad
Friday	Moong Cheela, Greet Chutney + Bread Jam	Chhole, Poori, Dahi Vade, Manchurian Chilly, Soya Pulao, Tutti Frutti Ice cream	Papdi, Lemonade (Milk for Pre- Primary)	Bhel	Banana, Biscuit	Rice, Chapatti, Dal Tadka, Gobhi Fry, Boondi Kadhi, Salad
Saturday	Idli, Sambar, Chutney, Gulab Jamun	Rice, Chapati, Mix Dal, Karela Fry, Munchow Soup Bhajiya Gravy, Salad	Fruit Punch	Pasta	-----	Rice, Chapati, Moong Dal, Dry Soya , Tomato Chutney, Salad
Sunday	Masala Dosa, Chutney	Gobhi Chilli, Lemon Rice, Boondi Raita, Paratha, Dum Aloo, Moong Dal Halwa	-----	Chawal Bhajiya	-----	Rice, Chapati, Kaali Dal, Baigan Bharta, Lauki Chana, Salad

*Menu is subject to change/amendment.

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11/10/2025